



## Scale-up of MHM Model in ICT

There is an increasing recognition of the impact that Menstrual Hygiene Management (MHM) practices can have on health, education and psycho-social outcomes for women and girls in developing countries. Mojaz Foundation implemented a project on Menstrual Hygiene Management (MHM) titled "Scale up of MHM in ICT" in 20 public schools of Islamabad with the financial support from WaterAid Pakistan. The larger objective of the project was to develop a model of "Girls Friendly Toilets" in schools where the girls can manage menstruation with safety, dignity and privacy.

Under this project, Mojaz Foundation also covered the important aspects of Clean and Green Pakistan Movement, such as Environmental Hygiene, Tree Plantation, Waste Management.

We are thankful to WaterAid Pakistan, Federal Directorate of Education, Area Education Officers, Principals, teachers and the brilliant students from all project schools for their support and meaningful participation in the project.



"I thank Mojaz Foundation and WaterAid for such a thoughtful initiative taken for the young girls and for the school. Today, I personally took part in tree plantation activity along with my students to promote a safe, clean and healthy environment for everyone."

**MS HINA MUKHTAR,**  
**PRINCIPAL, IMSC NEW SHAKRIAL**



Conducting volunteer awareness raising session on Personal and Environmental Hygiene to the students of Master Ayub's school in F-6



Successful construction of a GFT in IMSC, I\_10/4

Trained up to  
7500 adolescent  
girls and 338  
teachers



10 new GFTs  
10 Rehabilitation  
of existing  
washroom blocks



240 MHM Boxes,  
20 suggestion  
boxes and  
Operational  
Management plans



99 Plants,  
3-Bin waste  
management system  
in 33 schools



### In this Issue:

PAGE 01

Scale-up of MHM Model in ICT

PAGE 02

Project Updates

PAGE 03

Celebration and Events

PAGE 04

Success Stories




# PROJECT UPDATES





## ILMPossible: Take a Child to School District Community Event organized in Bahawalnagar

MOJAZ Foundation TACS team organized a "District Community Event" in Chishtian, BahawalNagar. The event showcased the achievements of the project and acknowledged the efforts and contributions made by various stakeholders. Around 170 people attended this event, including young volunteers/ILMBASSADORS, Mohalla Committee members and the government line departments.



Built capacity of **34** TACS-Phase II Volunteers 

Orientation Meeting of **31** ILMbassadors of Phase-I

 **9**  
 **22**

**2** Broad Based Community Meetings held in Chishtian



## Improved WASH Services to Reduce WASH Borne Diseases Project receives meaningful attention in Faisalabad

A Reckitt Benckiser Pakistan supported project via WaterAid Pakistan: The project is being implemented in the districts of Faisalabad and Hafizabad. The field implementation in Faisalabad started during the quarter and received meaningful attention/support from local level authorities. This project aims to improve Water, Sanitation and Hygiene (WASH) services to reduce WASH borne diseases especially Diarrhea through integrated programming and achieving ODF environment" in thirteen (13) Union Councils of Faisalabad.





### WHAT WE DID?



**Profiled**  
54 villages



**Held/Organized**  
108 Broad Base Community Meetings



**1,872** **1,785**



**392** **369**



**Formed**  
54 Village WASH Committees




**Trained**  
15 Village WASH Committees

## Strengthening the Value Chains of Vegetables in Pakistan (SVCVP) Project in District Muzaffargarh

In order to boost household incomes and livelihoods of small farmers, Mojaz Foundation is implementing a 3-year long value chain project in District Muzaffargarh. The project is funded by the Australian Centre for International Agricultural Research (ACIAR), and would help small farmers produce healthy and profitable onion, tomato and chili crops to enhance their socioeconomic conditions, with particular focus on women.



Irshad Bibi and Sajjad Hussain (Project Beneficiaries) attending an Exhibition organized by CAB International at Expo Center, Lahore

 **Trained**  
120 farmers  **60**  **60**

 **Installed**  
1 Tunnel Structure



# CELEBRATION AND EVENTS

## 11th Organization Raising Ceremony of MOJAZ Foundation

MOJAZ Foundation celebrated its successful completion of 11 years on 8th March, 2019. The celebrations were held in countrywide offices. Offices were decorated and staff reflected on the vital role played by MOJAZ Foundation in the development of the country.



## International Women's Day celebrated in Chishtian

MOJAZ Foundation- TACS team celebrated Women's Day 2019 with full zeal and zest. The team had interactive sessions with local women of Chishtian and conducted awareness sessions on fundamental rights of women and the services of MOJAZ Foundation in incorporating these rights in the society.



Cake Cutting Ceremony taken place on 11th Raising Ceremony of Mojaz Foundation



International Women's Day proceedings in Chishtian

## Farewell Event for MHM Project Team at Islamabad Club

MOJAZ Foundation concluded the project "Scale Up of MHM model in ICT" funded by WaterAid Pakistan (WAP). In this regard, the project closing and farewell ceremony was organized for the project team on 30th March, 2019 at Islamabad Club. The ceremony was attended by Mr. Siddiq Khan (Country Director, WAP), Mr. Asim Saleem (Head of Programmes, WAP), Mr. Ramesh Singh Arora (Founder, MOJAZ Foundation), Mr. Sajjad Imran (General Body Member MOJAZ Foundation) and the project team.



A group photo taken with Mr. Siddiq Khan (Country Director, WAP), Mr. Ramesh Singh Arora (Founder, MOJAZ Foundation), Mr. Sajjad Imran (General Body Member MOJAZ Foundation) and the project team at Islamabad Club

On this occasion, Mr. Ramesh Singh Arora conveyed special thanks to Mr. Siddiq Khan and his team for providing financial and technical support to make the project successful. Mr. Siddiq Khan appreciated the efforts put in by MOJAZ Foundation in reaching out to adolescent girls and teachers with project interventions based on improving adolescent girls access to MHM related services.

## World Water Day celebrated in Faisalabad and Islamabad

World Water Day was celebrated District Faisalabad. The government officials from district administration and education department along with politicians were invited to share their views about the importance of water. The event was attended by students, teachers and members of Village WASH Committees from Project UCs.



MHM Project team also celebrated World Water Day at IMSG, G-11/2: An interactive session was organized for students about the importance and ways of saving water. The event concluded with tree plantation activity in the school.



World Water Day Celebration proceedings in Islamabad and Faisalabad



# SUCCESS STORY

## 13<sup>th</sup> Citi-PPAF MICRO-ENTREPRENEURS AWARDS

March 12, 2019 | Islamabad

POVERTY to PROSPERITY



### Interest Free Loan restored Bashir Ahmed's courage

Bashir Ahmad, a father of 4 children, is a resident of a small village of Baseera in District Muzaffargarh of Punjab province in Pakistan. His courage to take risk and try out an area for business, that no one else could think of was the key to his success.

Who so ever Bashir discussed his unique idea of *Miswak* making, every one would oppose the idea. Considering the financial crisis and being the only breadwinner of the family, Bashir took the risk of starting the business on his own in partnership with his wife. In 2016, MOJAZ Foundation team visited several villages in the district to select beneficiaries for Prime Minister Interest Free Loan Scheme in the following days. Bashir Ahmed's idea of Miswak making was highly appreciated and PKR 20,000 was provided to him as part of this programme.

Bashir Ahmed and his wife collected *miswak* from the jungle and sold them in Mela, to Jamia Masjid on Fridays and on Eid days. He invested the loan amount on his business and slowly it began bringing him good profit and confidence to expand the business.

These days, Bashir Ahmed has started supplying *miswak* in Peshawar, Rawalpindi, Lahore and Multan. Also, he has employed 09 people from his native village and have a vehicle for transportation. Moreover, he has started sending his children to school.

In recognition of his success as a micro-entrepreneur and his positive contribution in community, Bashir Ahmed received the 13th Citi-PPAF Micro-entrepreneurship Award in Islamabad on March 12th, 2019.

*"I am thankful to MOJAZ Foundation for showing trust in me and providing me the opportunity to improve my financial status"*, expressed Bashir Ahmed.

### Contributors:

Shazia Sultan, Program Officer M&E  
Abdul Samad, Asst. Program Manager M&E  
Shabana Ali, Project Coordinator  
Zahoor ul Hassan, M&E Officer

MOJAZ Foundation was established in March 2008 as a not-for profit organization to serve the vulnerable and underserved segment of the country.

MOJAZ Foundation aims to promote socio economic empowerment through an inclusive rights based approach



Mojaz Foundation Head Office:  
Opposite DCO House, Narowal.  
Ph: +92-54-2412313 & +92-54-2413313



Follow us: [www.facebook.com/mojaz/](https://www.facebook.com/mojaz/)



[www.mojaz.org](http://www.mojaz.org)



[info@mojaz.org](mailto:info@mojaz.org)

